



CLASSIC WHOLE SWEETENED DRIED CRANBERRIES

UPC 98008

NUTRITIONAL ANALYSIS (per 100 grams – unrounded) August 2020

Calories	325
- EU Energy (kJ / kcal)	1367 / 322
Calories from Fat	6.03
Total Carbohydrates	82.50 g
Sugars	67.50 g
Added Sugar	60.00 g
Dietary Fiber	6.36 g
Protein	0.32 g
Total Fat	0.67 g
Saturated Fat	0.07 g
Polyunsaturated Fat	0.24 g
Monounsaturated Fat	0.36 g
Trans Fat	0.0 g
Cholesterol	0.00 mg
Moisture	16.31 g
Ash	0.05 g
Vitamin A	44.50 IU / 2.23 RAE
Vitamin C	0.00 mg
Vitamin D	0.00 mcg
Calcium	1.61 mg
Iron	0.00 mg
Copper	0.055 mg
Magnesium	0.00 mg
Niacin (Vitamin B3)	0.08 mg
Phosphorus	10.9 mg
Potassium	43.33 mg

Ocean Spray Professional

One Ocean Spray Drive, Lakeville/Middleboro, MA 02349
Telephone: 508-946-1000



CLASSIC WHOLE SWEETENED DRIED CRANBERRIES
UPC 98008

NUTRITIONAL ANALYSIS *cont'd* (per 100 grams – unrounded) August 2020

Riboflavin (Vitamin B2)	<0.02 mg
Sodium	8.98 mg
Thiamin (Vitamin B1)	0.02 mg
Zinc	0.103 mg